





**Down Syndrome Society of Mobile County Buddy Walk**  
**Saturday, October 10, 2009 – 10 am**  
**Hank Aaron Stadium**  
**Mobile, AL**

## **Team Captain Commitment Form**

*Please sign me up to be a Team Captain!*

NAME: \_\_\_\_\_

TEAM NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY, STATE, ZIP: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ ALTERNATE PHONE: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

### **So that we may serve you better, please tell us a little bit about yourself:**

- THIS IS MY \_\_\_\_\_ YEAR PARTICIPATING IN THE *BUDDY WALK*®.
- I HOPE TO RECRUIT A TEAM OF \_\_\_\_\_ MEMBERS.
- MY GOAL IS TO RAISE \$ \_\_\_\_\_ FOR DOWN SYNDROME.
- MY INSPIRATION: \_\_\_\_\_.
- I WANT TO RECEIVE INFO BY E-MAIL \_\_\_\_\_ OR MAIL \_\_\_\_\_

Please send this form in as soon as you have decided to put together a team. Once we receive your form, we will send you tools to help you succeed!

### **Mail or fax your Team Captain Commitment Form to:**

Down Syndrome Society of Mobile County  
c/o GWES Child Development Center  
10 Westminster Way  
Mobile, AL 36608  
FAX: (251) 344-6322





**Down Syndrome Society of Mobile County Buddy Walk**  
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Dear Buddy Walk® Team Captain:

*Imagine a world in which all members, including those with Down syndrome, are accepted, are valued for their uniqueness, are respected for their abilities and contributions, and are assured the opportunity and choice to create their own path to fulfillment and success.*

Thank you for becoming a Team Captain for the Down Syndrome Society of Mobile County Buddy Walk. The walk is scheduled for Saturday, October 10<sup>th</sup> at the Hank Aaron Stadium. This year we are combining the Buddy Walk with our Spring Awareness Fair and will include several carnival games and activities for everyone. The Buddy Walk was developed by the National Down Syndrome Society (NDSS) in 1995 to promote awareness and inclusion for people with Down syndrome and to raise funds for local and national education, research and advocacy programs.

The Buddy Walk is a one-mile Walk in which anyone can participate without special training. It is the largest fundraiser of the year for the Down Syndrome Society of Mobile County. The proceeds raised go directly to support local and national education, research and advocacy efforts.

The Down Syndrome Society of Mobile County is a volunteer parent-based non-profit organization that provides programs and support at no cost to persons with Down syndrome and their families. We would like to provide more educational services and resources to educators, medical professionals in Mobile county and surrounding areas. With your help, the money raised in our Buddy Walk would make our intentions possible.

Enclosed are the tools to help you as a Team Captain. All forms are available on our website [www.dssmc.org](http://www.dssmc.org). Please complete the attached Team Captain Commitment Form and fax or mail as soon as possible. The deadline for returning all donations is **October 2<sup>nd</sup> at 4 p.m** at the address below.

Thank you so much for supporting this event and our efforts to raise necessary funding, which will continue to help us to provide the programs and services to support the mission and intensions of the Down Syndrome Society of Mobile County.

If you need any additional information, please contact Dora Harding at (251) 776-6861 or e-mail [dora@dssmc.org](mailto:dora@dssmc.org) or [info@dssmc.org](mailto:info@dssmc.org)

Sincerely,

Scott Dennis, President and Dora Harding, Secretary and Buddy Walk Chair  
Down Syndrome Society of Mobile County  
c/o GWES Child Development Center  
10 Westminster Way  
Mobile, AL 36695  
Fax: (251) 344-6322



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**BUDDY WALK FACT SHEET**

**What:**

The Buddy Walk was developed by the National Down Syndrome Society in 1995 to bring together a wide range of concerned individuals to reach out to friends, family and co-workers to promote awareness and inclusion for people with Down syndrome and to raise funds for local and national education, research and advocacy programs. This is the 2<sup>nd</sup> annual walk for the Down Syndrome Society of Mobile County.

**Where:**

Hank Aaron Stadium in Mobile, AL.

**When:**

Throughout the month of October, National Down Syndrome Awareness Month, more than 275 Buddy Walks will occur throughout the United States.

Our Buddy Walk® is on **Saturday, October 10<sup>th</sup> at 10:00 a.m.** Registration starts at 9:00 a.m.

**Who:**

Children, young adults and adults with Down syndrome, family members, friends, healthcare professionals, corporate teams and members of the community – bring a wagon, a stroller and your dog. All are welcome!

**Why:**

Have lots of fun while raising money for a good cause! The Buddy Walk® is a one-mile walk in which anyone can participate without special training. This year, we are combining the Buddy Walk® with our Spring Awareness Fair. After the walk, you and your family will enjoy entertainment for everyone, including clowns, face painting, balloon animals, carnival games, food, music, dancing and more!